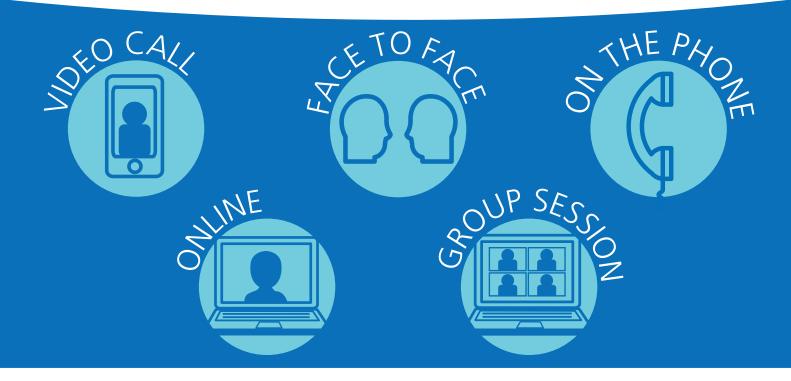


## Get FREE help and support to STOP SMOKING ...for good



Yorkshire Smokefree provides NHS advice and support – including medication – for anyone who wants to stop smoking. So when you're ready to quit, we're ready to help.

0800 612 0011

free from landlines

0330 660 1166

free from most mobiles





Search 'Yorkshire Smokefree'

## www.yorkshiresmokefree.nhs.uk

If you require a copy of this information in any other format or language please contact the Trust.



